

helpful websites



If you would like help from this service, please telephone Outlook South West on **01208 871414** and one of our Suicide Liaison workers will contact you within 72 hours to help identify your support needs.

www.samaritans.org

24-hour telephone helpline: 0845 790 9090
Email support from jo@samaritans.org

www.penthaligonsfriends.org.uk

Tel: 01209 210624 Support service for children in Cornwall who have been bereaved.

www.tcf.org.uk

The Compassionate Friends is a self-help organisation of bereaved parents and includes the Shadow of Suicide (SOS) network specifically for parents bereaved by suicide.

www.crusebereavementcare.org.uk

national bereavement support website

www.crusecornwall.org.uk

local bereavement support website

www.rd4u.org.uk

Support and advice for bereaved young people

www.uk-sobs.org.uk

National Helpline: 0844 561 6855 (9 a.m. – 9 p.m. every day)
Self-help organisation for survivors of bereavement by suicide.

outlook SOUTH WEST

Innovation in
Psychological
Services

suicide liaison service

for those who
are left behind



outlook SOUTH WEST

Outlook South West 2D Restormel Estate,
Lostwithiel, PL22 OHG Tel:01208 871414
www.outlooksw.co.uk



Kernow Clinical Commissioning Group



about

our service

Kernow Clinical Commissioning Group, in partnership with Outlook South West, has developed a service to support people who have been bereaved by suicide.

Bereavement by suicide can be particularly painful to cope with, and many people who experience this type of loss find it hard to access the practical help and support they need.

what

do we provide?

- Face to face contact with a trained liaison worker
- Information, practical support and guidance about the investigation of the death and the sorting out of personal affairs
- Liaison with the Coroner's Office, the Police, the media and, when requested, faith groups
- Referral to other statutory and voluntary services that can help you, as required
- 8 week bereavement by suicide courses delivered across the county

who

is this service for?

This service is for anyone who has been affected by suicide. It is open to all without discrimination with regard to age, gender, race, disability, sexual orientation and beliefs.

ANYONE CAN RECEIVE HELP FROM THIS SERVICE BY RINGING



01208 871414

Referrals can also be made by GPs and other health professionals, statutory, community and voluntary services.

